



September 2012 Teenager Cooking Workshop

Teenager General Cooking

(3) (10.30am - 1pm, I249B)

Day 1:

Chicken and Sweet Corn Soup
Smoked Haddock Fillet with Parsley Sauce
Creamy Mashed Potatoes

Day 2:

Scrambled Eggs with Smoked Salmon
Green Beans in Roasted Tomato Sauce
Pineapple Upside Down Cake

Day 3:

Pasta a la Carbonara
Garden Salad with French Dressing
Almondine Tartlets

Day 4:

Tomato and Rice Soup
Express Cheese Quiche
Baby Potatoes with Fine Herbs and
Glazed Zucchini with Mix Herbs

Day 5:

Pork Fillet with Peanut Sauce
Buttered Sprouts
Black Forest Cherry Gâteau

Teenager Pastry & Cake Cooking (3)

(2pm - 4.30pm, I249C)

Day 1:

Chocolate and Orange Cheesecake
Poached Pears Belle Helene with Praline
Almond Tuiles Petit Four

Day 2:

Walnuts Crêpes with Milk Chocolate Sauce
Strawberry Romanov with Chantilly
Raisin and Milk Chocolate Chip Cookies

Day 3:

Chocolate Meringue Tart
Glazed Jam Omelets
Palmiers Petit Four Biscuit

Day 4:

Chocolate Mousse
Strawberry Bavarian Cake
Lemon Macaroon Petit Fours

Day 5:

Cherry Jubilee
Tiramisu Cappuccino Italian Cake
White Chocolate Truffles

Teenager Holiday Cooking Workshop:
Monday - Friday, 24th - 28th September 2012