



# September 2017 Teenager Cooking Workshop

## Teenager General Cooking (16)

(10.30am - 1pm, 1749B)

Day 1: (Cyprus)

Cheese and Spinach Triangles  
Baked Chicken in Lemon Sauce  
Tzazikis Cucumber Salad

Day 2: (France)

Cream of Tomato and Basil Soup  
Perch Fillet in Tomato & Olives Sauce  
Oven Bake Rice Harlequins

Day 3: (Italy)

Beef and Vegetables Lasagne  
Garden Salad and French Dressing  
Tiramisu Coffee Cake

Day 4: (France)

Chicken Leg Provençal Style  
Zucchini Provençal  
Sabayon of Fresh Fruit and Sorbet

Day 5: (Spain)

Seafood in White Wine Sauce  
Vegetable Stewed with Saffron  
Sweet Rice Pudding with Oranges Segments

## Teenager Pastry & Cake (16)

(2pm - 4.30pm, 1749C)

Day 1

Baked Peaches Piedmont Style  
Rhubarb Tartlet  
Indonesian Spekkook Cake

Day 2

Kos Lemon and Almond Pie  
Semolina Halvas Pudding & Fruit Compote  
Greek Style Baklavas

Day 3

Fraisalía French Cake  
Little Pot of Vanilla Custard  
Macadamia Butter Biscuits

Day 4

Strawberries Bavarian Custard & Coulis  
Crêpes Suzette  
Walnut Madeleine of Commercy

Day 5

Pavlova with Fresh Berries  
Wattle Seed and Honey Muffins  
ANZAC Cookies

Teenager Holiday Cooking Workshop:  
Monday 25 September - Friday 29 September



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