

Sept/Oct 2015 Teenager Cooking Workshop



Teenager General Cooking (10)

(10.30am - 1pm, 1549B)

Day 1: (Cyprus)

Cheese and spinach triangles

Chicken baked in lemon sauce

Tzatzikis salad



Day 2: (Russia)

Blinis with smoked fish and horseradish cream

Beef Stroganoff (Estonia/Russia)

Strawberries Romanoff (Ukraine)



Day 3: (Ireland)

Irish Stew

Colcannon potatoes

Strawberries trifle



Day 4: (French)

Vichyssoise soup

Beef steak with peppered sauce

Boulangère potato



Day 5: (Luxembourg)

Luxembourg style (river) fish soup

Boiled potatoes with parsley sauce

Bread and orange pudding



Teenager Pastry & Cake (10)

(2pm - 4.30pm, 1549C)

Day 1 (France)

Individual Paris-Brest Hazelnut Chocolate Cake

Banana & Liquor Soufflé

Almond Cookies



Day 2 (UK)

Apples and Pears Crumble

Cream Cheese & Honey Tartlet

Trifle



Day 3 (Italy)

Italian Baked Cheesecake

Tiramisu Pudding

Vanilla Panna Cotta & Chocolate Sauce



Day 4 (North America)

American Style Pecan Pie

Canadian Maple Pancakes

Bananas Creole Style



Day 5 (Germany & Austria)

Cherries Black Forest Gateaux

Apple and Sultana Strudels

Kiwi Bavarian Cream & Passion Fruit Coulis



Teenager Holiday Cooking Workshop:
28 September - 2 October 2015



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