



# January 2019 Teenager Cooking Workshop

## Teenager General Cooking (3)

(10.30am - 1pm, 1919B)

Day 1:

Chicken and Sweet Corn Soup  
Smoked Haddock Fillet with Parsley Sauce  
Creamy Mashed Potatoes

Day 2:

Scrambled Eggs with Smoked Salmon  
Green Beans in Roasted Tomato Sauce  
Pineapple Upside Down Cake

Day 3:

Pasta a la Carbonara  
Garden Salad with French Dressing  
Almondine Tartlets

Day 4:

Tomato and Rice Soup  
Express Cheese Quiche  
Baby Potatoes with Fine Herbs and  
Glazed Zucchini with Mix Herbs

Day 5:

Pork Fillet with Peanut Sauce  
Buttered Sprouts  
Black Forest Cherry Gâteau

## Teenager Pastry & Cake

Cooking (3) (2pm - 4.30pm, 1919C)

Day 1:

Chocolate and Orange Cheesecake  
Poached Pears Belle Helene with Praline  
Almond Tuiles Petit Four

Day 2:

Walnuts Crêpes with Milk Chocolate Sauce  
Strawberry Romanov with Chantilly  
Raisin and Milk Chocolate Chip Cookies

Day 3:

Chocolate Meringue Tart  
Glazed Jam Omelets  
Palmiers Petit Four Biscuit

Day 4:

Chocolate Mousse  
Strawberry Bavarian Cake  
Lemon Macaroon Petit Fours

Day 5:

Cherry Jubilee  
Tiramisu Cappuccino Italian Cake  
White Chocolate Truffles

Teenager Holiday Cooking Workshop:  
Monday - Friday, 21st - 25th January 2019



Follow us on Facebook  
[facebook.com/picssyd](https://facebook.com/picssyd)